



American Legion Post 290

Newsletter edited by Siegfried Gates



The Friendliest Place in Virginia!

Stafford, Virginia

March 2024

Commander's Call to the Post 290 American Legion Family:

Greetings Comrades,

Looking forward to warm weather? We just need to get through the next month, and we should start to see Spring popping up everywhere. Hang in there friends, it's almost here.

Although we don't have many events planned this month, we do have a few. This will give you an opportunity to come see us and support your Post.

The Post birthday dinner w/awards will be on March 16th. Happy Hour from 4-5:30, then dinner until 7 pm. Awards will be presented for Legionnaire of the year, Firefighter of the year, and Law Enforcement Officer of the year. We will have special guests at this awesome dinner. Hope to see everyone there.

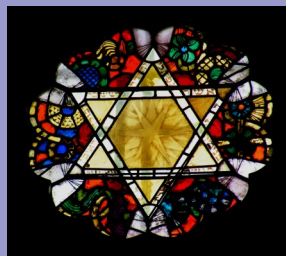
Check the calendar for other events where you can show your support and don't forget to invite a friend to join the Legion.

Rick Schultz
Commander
American Legion Post 290

Are you **tired of annual dues renewal**? Can't quite bring yourself to a Paid Up For Life (PUFL) membership? National now has an answer for you. See details inside this issue!

The Veterans Crisis Line HOT LINE is live! Dial 988 then Press 1.

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Post Everlasting

By Darren King

Comrades: It is always with great sorrow when I must announce the transfer of any Legionnaire to Post Everlasting:

Elmer Cassius Williams, 'Bill', passed to Post Everlasting on January 2, 2024. He was a member for 37 years.

Robert Yowell, past District Commander and past District Chaplain, transferred Post Everlasting on 14 Feb 2024.

If you know of any member of Post 290, Unit 290 or Squadron 290 who transferred to the Post Everlasting, please contact me at bsuking@yahoo.com, (816) 550-5228 or 111 Van Horn Lane, Stafford, VA 22556 .

Chaplain's Corner

By Chaplain Darren King

Easter is...

What is Easter? To some Easter is chocolate and bunnies and eggs. For the Christian, Easter is a day to focus even more on the resurrection of Jesus Christ. It is to celebrate the truth of the Gospel that Jesus died, was buried, and rose from the dead for the forgiveness of sins and the inheritance of eternal life for anyone who believes and trusts in Him.

This truth was the focus of Jesus' followers; it was part of the first sermon that took place on Pentecost as mentioned in Acts 2. It was a part of the preaching of the Apostle Paul who longed to know Jesus and the power of His resurrection as he said in Philippians 3. This also a part of the preaching of the Apostle John, who stressed that Jesus was the Resurrection and the Life in John 11.

So while Easter Bunnies are cute and Easter Chocolate is good, and Easter eggs can be beautiful, Easter is about resurrection. Not the resurrection of the plants in the spring, but of a person, of Jesus Christ, who Christians believe is the Son of God and the Lord and Savior of all who believe in Him. I hope you celebrate Christ this Easter. He is far superior to bunnies and chocolate and eggs.

BINNACLE LIST

Mike Robinson had knee replacement surgery on Monday, February 19th..

If you know of any other member of Post 290, Unit 290, Chapter 290 or Squadron 290 who is ill, and/or hospitalized, or if you have updates on any of the above issues, please contact me, Darren King at darren@northstaffordbaptistchurch.com or call me at (816) 550-5228 (cell), or mail me at Darren King, 111 Van Horn Lane, Stafford, VA 22556.



American Legion Auxiliary Unit 290 News

By Marilyn Butters

Virginia Girls State applications are in the schools and if you know of a rising senior female who may be interested in attending, please encourage them to see their guidance counselor for an application. Applications are due March 5th and Interviews will be held March 24th at 1 p.m. and we could really use some members to help us with them. We are sorry to have learned we will only be able to send one delegate per high school due to the smaller size of the 2024 session. Special thanks to Sheri Pierce who works diligently coordinating Girls State for our Unit.

Kitchen news: Our Unit now works the Bingo kitchen on the 1st and 2nd Wednesday of the month. We would love to have more members join us. 4 hours a month, please consider it! We have a good time and you get to know other members through working side by side to prepare food for the Bingo players. Join us! Kudos to Ginger for continuing her fabulous efforts coordinating and working the kitchen!

Membership news: We are up to 111 members. Help us meet our membership goals by paying your 23/24 dues now. Thank you to members who have already taken care of their membership! Please renew your membership now. Bring your check by Bingo on Wednesdays or Fridays or mail it to Box 125, Stafford, VA 22555.

Mary Schelin continues coordinating the upcoming Spring craft fair to be held at the Post home on Saturday, May 4th. More information can be found below.

Sponsored by the American Legion Post Auxiliary Unit 290 we are hosting a "POPPY PATCH CRAFT AND GIFT SHOW" on Saturday, May 4, 2024, from 9:00am – 3:00pm at the Post



May is "Poppy Month"! Are you interested in participating as a crafter? Rental fee is \$30.00 for 11' x 6' space including table, two chairs, and electricity (first come first serve for electricity). Rental space fees will go to MK9s Service Dogs Organization.



Post-Traumatic Stress Disease (PTSD) is a mental health challenge that some people develop after experiencing a life-threatening or traumatic event. Research shows that 5-20% of veterans suffer from PTSD. They become angry, depressed, or anxious. MK9s mission is to supply highly trained service dogs to maximize the independence and quality of life for veterans who suffer from mental disabilities such as PTSD. For more information look the program up online.

If you are interested in being a crafter (original crafts only) please contact Mary Schelin at her email address maryeschelin@gmail.com or at 540-845-9066 so the completed information on the craft show may be forwarded. Thanks, Mary Schelin, Poppy Chair

American Legion Multiyear Membership is Here

Eliminate the yearly hassle of remembering to renew your American Legion membership by taking advantage of the new multi-year membership available to current and potential members. Legionnaires needing to renew for 2024 or veterans joining the organization for the first time can lock-in a three-year membership by visiting legion.org/renew

A multiyear membership was approved by the National Executive Committee of The American Legion during the organization's Spring Meetings last May. Resolution 1: Purchase of Multiple Years of Membership approves "a five-year pilot program offering the purchase of three consecutive 12-month member terms at the then current dues rate."

Here is what you need to know about the three-year membership:

:

- Multiyear membership sign-up is only available on the national American Legion website. Current or potential members cannot renew or join for a three-year membership at the post level or through MyLegion.org.
- Renew now with a three-year membership by visiting legion.org/renew.
- Join now with a three-year membership by visiting legion.org/join.
- Legionnaires already renewed for 2024 will soon be able to renew under the multi-year membership starting with the 2025 membership year.
- Payment for the three-year membership will be upfront.
- There is no discount rate with the three-year membership.
- Membership cards will still be sent annually by Legion posts.

Please note that the multiyear membership will work just like PUFL. Whatever rate at which the member renews is the rate which the post/department/national will receive for the duration of that timeframe. For example, if a member renews today (before national per-capita \$5 dues increase come July 1, 2024), National will receive \$18.50 for the next three years. Let's say the department's per capita is currently \$10 and is going to raise to \$15 come July 1, 2024. The department will receive the \$10 for the next three years. Once the member renews after the three year renewal is up, the renewal rate will adjust to the rate at that time.

American Legion Riders Chapter 290 News

By Marty Partridge

Greetings Post 290 Family!

Not much to report yet, as it is early in the year. However, the Riders are planning this year's Bike Blessing and Dart Tournament for Saturday, April 6, 2024 at the Post. Keep an eye on the Post Facebook Page and Website for details. All Post 290 members are welcome to attend either or both events. We look forward to seeing you.

Congratulations to our newest Rider, Justin Goemmer, who joined during our February meeting. Welcome Justin!

Also, thanks to Rider Fred Santiago for stepping up and managing the Club Room over the past year. It started out as joke one evening when he stepped away from the bar for a few minutes and some of us thought it would be funny to put his name on the board as the "Manager." He rolled with it for an entire year. Now, another Rider and Bartender, Denver Steele has stepped in and has taken on the Manager role and duties. Thanks Denver! If you haven't been over to the Social Quarters/Club Room lately, stop by and check it out. It's open every Wednesday and Friday evenings, and on the third Saturday of the Month during the Honor Guard Steak Night followed by Karaoke Night. Remember, it's your Social Quarters / Club Room – come on down and enjoy it.

Keep the rubber-side down!

Marty Partridge

ALR-290 Director

2024 Virginia Legacy Run Fund Raisers

All proceeds to be donated to the American Legion Veteran's and Children's Foundation at the 2024 National Legacy Run and The American Legion National Convention.

Virginia Legacy Run Gun Raffle. See a 290-Rider or stop by the Club Room to purchase tickets. All tickets are \$10/each with the chance to win four Guns. Drawing to be held on June 15, 2024 at 10:00 am. Do not need to be present to win. This is a Virginia-wide Rider Fund Raiser (Sponsoring Post provides the EIN # only).

Virginia Legacy Run Polo Shirts. Micropique Sport-wick Polos available in both Men and Women styles, in multiple colors and sizes. Order forms available in the Club Room. See a 290 Rider to order yours.

Men and Women sizes:

XS – XL: \$40

2XL: \$42

3XL: \$44

4XL: \$46

Men 5XL: \$48

Men 6XL: \$50



**NOW ACCEPTING ORDERS FOR
EMBROIDERED VALR POLOS!
STARTING AT \$40**



**MANY MORE COLORS
AND EXTENDED SIZES AVAILABLE
IN BOTH MENS AND LADIES STYLES**

VIRGINIA LEGACY RUN
7518 TAW STREET, NORTH CHESTERFIELD, VIRGINIA 23237
804-271-0701

2024 Virginia Legacy Run Fund Raisers

All proceeds to be donated to ***the American Legion Veteran's and Children's Foundation*** at the 2024 National Legacy Run and The American Legion National Convention.



VIRGINIA LEGACY RUN
Help Support The American Legion
Veterans & Children Foundation

Donation: \$10.00 A Ticket
4 CHANCES TO WIN



Drawing:
June 15, 2024
at 10:00 AM

Winner must comply with all State and Federal Laws and is responsible for any additional cost including but not limited to shipping and transfer fees. Only name on ticket can claim prize.

Drawing Location:
American Legion Department Headquarters
1708 Commonwealth Ave., Richmond, VA 23230
You do not need to be present to win.
Winner notified by phone.

Sponsor: American Legion Post 93,
6940 S. Lee Hwy., Natural Bridge, VA 24578



1st KEL-TEC KS7 12 Ga Shotgun
2nd HI-POINT 4597S DESERT DIGI CAMO 45ACP RIFLE
3rd DRYA ARMS EM22 Bolt Action .22LR Rifle
4th KEL-TEC P17 Semi-Auto .22LR Pistol

Liberty Firearms & Supplies, Newport, Va. Phone 804.541.2770

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- 2XL: \$42
- 3XL: \$44
- 4XL: \$46
- Men 5XL: \$48
- Men 6XL: \$50

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KEL-TEC KS7
12 Ga. Shotgun



Hi-Point
4595TS
Desert Digi
Camo 45ACP
Rifle



DERYA ARMS
TM22 Bolt
Action .22LR Rifle

KEL-TEC P17
Semi-Auto
.22LR Pistol



Liberty Firearms & Surplus, Hopewell, Va. Phone 804.541.2770

MCJROTC Championship By Mike Flanagan

Marisa McDonough and Elizabeth Gunn are long standing Post 290 Junior Shooters, they are also firing members of the Mountain View High school Marine Corps JROTC team.

Mountain View made it to the all MCJROTC Championship this year with a 4-adet team consisting of Marisa Elizabeth, Sameer Singh (prior 290 Jr Shooter) and Charles Wallace. They fired in Sandy, Utah, February 8-10.

The team finished in 6th place advancing to the All JROTC Championship that will be held in Camp Perry Ohio later in March of this year.

This team was carried into victory by Marisa who finished in 3rd place overall with 1,191 out of 1,300 points possible and Elizabeth finishing with 1,066 out of 1,200 .

One of the exciting portions of this Championship is at the end where they take the top 8 shooters and have them do a "Shoot Out". During this Shoot Out, the 8 shooters line up and

take one shot at a time from the standing position, during a 1-minute time period. They do this for 10 shots. While they are firing, the remaining 90 competitors and Coaches are watching and cheering them on.

During this high stress shooting environment, the 8 competitors have the opportunity to increase or decrease their overall position. Marisa entered the Shoot Out in 4th position and after placing 1st (94.1 out of 100) in the Shoot Out, she came out taking the 3rd place overall, receiving the bronze medal. Marisa definitely has nerves of steel when it comes to firing in competitions.

This is a perfect example of how our Post 290 Jr Shooters program is instilling important life skills in our young athletes; not just marksmanship but dealing with life pressures, perseverance, resiliency, teamwork, as well as attention to detail. At the same time, we are helping Stafford County High School JROTCs go where they have not been before.



L.- Elizabeth Gunn R - Marisa McDonough

Post 290 Winter Blood Drive By Mike Flanagan

Our Post conducted a successful blood drive with the American Red Cross. It was held on January 8th, 2024 in our Annex. We saw 29 donors and received a total of 29 products of blood (approximately 4 gallons). The blood products collected have now been delivered to patients in need of vital care. Distribution included, but was not limited to, the following local hospitals:

SENTARA NORFOLK GENERAL
SENTARA VIRGINIA BEACH GENERAL
HCA-CHIPPENHAM HOSPITAL
MARY WASHINGTON HOSPITAL
SENTARA LEIGH HOSPITAL-BLOOD BANK

We currently have two additional blood drives scheduled, Wednesday, May 29 and October 9, 2024. Reserve your donation at: [Schedule a Blood, Platelet or Plasma Donation | American Red Cross \(redcrossblood.org\)](https://www.redcrossblood.org)

NOMINATIONS FOR ELECTION OF OFFICERS IN MAY 2024

BY MIKE SCULLIN, ADJUTANT

Fellow Legionnaires,

It's that time already for Post 290's Nomination Committee to start putting together a slate of nominations for Post Officer positions to serve the 2024-2025 term. If you have the time, inclination or interest in serving as a Post Officer, I encourage you to submit a nomination or nominations.

Any Post Member in good standing is eligible and encouraged to submit his/her nomination for ANY position, even if an incumbent has expressed an interest in continuing to serve in that position.

Once submitted, the nominations will be added to the 2024-2025 Officers slate, which will be presented to the General Membership at Post 290's April 2024 General Membership meeting. The General Membership will then vote on nominees at the May 2024 General Membership meeting with Officer installations to occur in June 2024. The term of service for Post Officers is June 2024 – June 2025. Two Executive Committee Members' three-year terms will be completed in June 2024, so if elected to one of the Executive Committee Member positions, those terms will end in June 2027.

Here is Post 290's current slate of open positions for 2024-2025

POSITION

Commander
1st Vice Commander
2nd Vice Commander
3rd Vice Commander
Adjutant
Finance Officer
Service Officer
Chaplain
Judge Advocate
Historian
Public Affairs Officer
Sergeant-At-Arms
Executive Committee Member (3 year term)
Executive Committee Member (3 year term)

CURRENTLY HELD BY

Rich Schultz
 Lewis Bunch
 John Patrick
 Kenneth Westenberger
 Mike Scullin
 Robert Ponzio
 John "Doc" Richey
 Darren King
 Garry Briggs
 Brandy Fitzgerald
 Vacant
 Les Wood
 Ken White
 Marti Partridge

Below are descriptors for Post Officer positions:

COMMANDER: It shall be the duty of the Post Commander to preside over all meetings of the Post and to have general supervision over the business and affairs of the Post, and such officer shall be the Chief Executive Officer of the Post. The Post Commander shall approve all orders directing the disbursement of funds and shall make an annual report covering the business of the Post for the year, and recommendations for the ensuing year, which shall be read at the annual meeting and a copy thereof immediately forwarded to the Department Adjutant. The Post Commander is an ex-officio member of all committees.

1st VICE COMMANDER: The 1st Vice Commander shall assist and discharge the duties of the office of Commander in the absence or disability of the Commander, or when called upon, by the Post Commander. The 1st Vice Commander is responsible for Post membership and shall also render annual reports on membership, or when called upon at a meeting. The 1st Vice Commander is the Chairman of the Post's Membership Committee.

2nd VICE COMMANDER: The 2nd Vice Commander shall assist and discharge the duties of the office of Commander in the absence or disability of the Commander and 1st Vice Commander, or when called upon, by the Post Commander. The 2nd Vice Commander is responsible for oversight of contracted personnel for cleaning of and repairs on Post facilities, as well as scheduling the use of Post facilities and handling rentals of the Post Annex. Please note that the 2nd Vice Commander will NOT be required to perform custodial duties, as these services will be contracted out by the Post 290 Executive Committee. The 2nd Vice Commander is the Chairman of the Post's House Committee.

Duties (continued)

3rd VICE COMMANDER: The 3rd Vice Commander shall assist and discharge the duties of the office of Commander in the absence or disability of the Commander, 1st Vice Commander and 2nd Vice Commander or when called upon, by the Post Commander. The 3rd Vice Commander is Chairman of the Post's Ways and Means Committee – responsible for conducting periodic and regular money making activities conforming to Post policies, all special money making functions sponsored by the Post, and recommendations to the Post Membership for ways and means of accomplishing the two previously-mentioned activities. The 3rd Vice Commander is also Chairman of the Post's Entertainment Committee – charged with the arrangement of social activities, the promotion of Post advantages and the entertainment for Post meetings, such as speakers, music, refreshments, etc.

ADJUTANT: The Post Adjutant shall have charge of and keep a full and correct record of all proceedings of the Post, keep such records as the Department and National organizations may require, and under direction of the Commander handle all correspondence of the Post. The Post Adjutant is an ex-officio member of all committees.

FINANCE OFFICER: The Finance Officer of the Post shall have charge of all finances and see that they are safely deposited in some local bank or banks and shall report to the Post Membership the conditions of the finances for the Post, with such recommendations as he/she may deem expedient or necessary for raising funds with which to carry on the activities of the Post. The Finance Officer shall be bonded in such sum as shall be fixed by the Post Membership and shall be the Chairman of the Finance Committee. He/she shall keep records of all receipts and expenditures with supporting vouchers, using the suggested forms of National Headquarters, The American Legion.

SERVICE OFFICER: The Service Officer shall disseminate such information and instruction as may be helpful in dealing with affairs of disabled veterans, matters concerning the administration of the Department of Veterans Affairs or Adjusted Compensation Law, claims of ex-servicemen against the United States Government.

CHAPLAIN: The Chaplain shall be charged with maintaining the spiritual welfare of the Post comrades and will offer divine but non-sectarian service in the event of dedications, funerals, etc., adhere to such ceremonial rituals as are recommended by the National or Department Headquarters from time to time.

JUDGE ADVOCATE: The Judge Advocate's duties shall be to advise the Post Commander of the interpretation or modification of the Post's Constitution, Bylaws, and Rules and Regulations, and be responsible for an annual financial audit and the Post Responsibility Audit as described in the American Legion Officer's Guide.

POST HISTORIAN: The Post Historian shall consolidate the reports call memorial exercises held during his term of office. The Post Historian shall be custodian of such books, manuscripts, pamphlets, and like possessions relating to the Wars belonging to the Post. The Post Historian shall be charged with maintaining individual records and incidents of the Post and duties as may properly pertain to the office as may be determined by the Post Executive Committee.

POST PUBLIC AFFAIRS OFFICER: shall be responsible for advancing the visibility of Post 290's programs and activities with all available media (print, social, and radio). Post Public Relations will establish rapport with the local newspapers, radio stations, and work with the webmaster and other social media sources. Post Public Relations will provide articles and photos for publication and dissemination of Post programs and activities.

SERGEANT-AT-ARMS: The Sergeant-at-Arms shall receive all visitors, take their names, Post Numbers, and purpose of their visit, and pass this information on to the Adjutant for introduction to the membership. The Sergeant-at-Arms shall escort all distinguished guests to the Commander immediately, and may challenge any member for good standing whenever he/she sees fit to do so and shall preserve order at all meetings. The Sergeant-at-Arms shall ensure that the color bearers place the colors in their proper place during the Post meetings, and shall perform such other duties as may be assigned from time to time by the Post Commander.

Duties (continued)

EXECUTIVE COMMITTEE MEMBER: The Post Executive Committee shall have general supervision of the Post's affairs between General Post Membership meetings. The Post Executive Committee shall make recommendations to the General Post Membership and perform such other duties as are specified in the Post's Bylaws.

In conclusion, American Legion Post 290's leadership encourages all members to become actively involved in our Post. Everyone is encouraged to submit a nomination for any and all positions that might interest them.

Please feel to contact me with nominations for inclusion on the 2023-2024 Post Officer slate or to find out more information regarding Officer positions with Post 290.

I can be reached at: msscullin@gmail.com or 703-863-5288.

Respectfully,
Michael Scullin
Adjutant
Stafford American Legion Post 290

SAL INFO

by Fargo Wells

Greetings SAL members and your families! I hope everyone is well and safe.

Members can login into their myLegion.org account and renew directly or via the quick renew website: legion.org/SAL-Renew.

The procedure for modifying the current dues in the system is the submission of a Squadron Data Report (SDR) that is available at the Sons of The American Legion website under Publications and Forms. The SDR should be sent to the detachment and the email address Post and Squadron Reports (postsqdnupdates@legion.org) for processing.

If you have any questions please contact Kevin Mook the National SAL Liaison at kmook@legion.org

The SAL has not had a dues increase in many years.

However, we have to send a portion of the dues to the Department and a portion to Nationals.

The Nationals Dues have increased, therefore we will need to increase the amount that we collect from our members to \$20.00.

If I can help you out with anything. Text, e-mail or call

Fargo Wells, Commander Sons of the American Legion Squadron 290 Stafford

(703) 362-8277 call, text or write rfargowells@hotmail.com .

Thank you,
Fargo Wells

FIREWOOD AVAILABLE FOR FAMILIES IN NEED

The Stafford Post 290 BSA Venture Crew Scouts are conducting a community service project to deliver firewood to families, in need, in Stafford County. The Venture Crew will also cut up and remove wood from properties that may have fallen after a storm or wood that individuals are willing to donate.

To date the Venture Crew's Firewood donation program for those in need: has delivered 16 cords of wood, to needy Stafford residents who heat primarily with firewood. Mike Robinson could always use volunteer support.

The Venture Crew is accepting monetary donations to help in this project or to support the Venture Crew.

If wanting to volunteer to help cut and split wood, or help stack or deliver firewood for this project, please call Mike Robinson, (540) 760-3255.

Department of Virginia American Legion Leadership College

Double Tree by Hilton Hotel Richmond-Midlothian, Richmond, VA.

August 02 to August 04, 2024

Registration Form

One registration form per individual please.

Name: _____

Address: _____

City, State, and Zip Code: _____

Phone: (Home) _____ (Work) _____

Email Address: _____

Organization: American Legion _____ Post _____ SAL _____ Squadron _____
 ALR _____ Chapter _____ ALA _____ Unit _____

Friday Afternoon Session

(Will you be attending the afternoon session on Friday, August 02, 2024 from 4:00 –9:00 PM?)
 (DINNER will be from 5:00-6:00 PM- American Legion Leadership College doesn't cover)

Program	Attending
Friday Afternoon Session (See program)	Yes/No

Programs

(Please select one that you will attend on Saturday, August 03, 2024- For program details see
 Agenda)

Sponsor	Attending
American Legion Programs	Yes/No
SAL Programs (TBA)	Yes/No
ALR Programs (TBA)	Yes/No
ALA Programs (TBA)	Yes/No

Registration Fee \$100.00

(includes Saturday breakfast and lunch, for this attendee only)

Registration Forms received after the July 15, 2024 will not receive meals on Saturday.

Registration fee (Check only) must be submitted with completed form. Make checks payable to THE AMERICAN LEGION, DEPARTMENT OF VIRGINIA. Registration Form and Fee must be received at Department Headquarters no later than MONDAY, JULY 15, 2024

Mail completed form and check to:

The American Legion
The Department of Virginia
P.O. Box 11025
Richmond, VA 23230

ATTN: LEADERSHIP COLLEGE 2024

Lodging

Lodging will be at the Double Tree by Hilton Hotel Richmond - Midlothian, 1021 Koger Center Boulevard, Richmond, Virginia, 23235. Phone number for reservations is (855) 610-TREE (8733) or you may call the hotel directly at (804) 379-3800.

Each College attendee is responsible for making his/her own hotel reservations. Hotel Reservations must be made no later than MONDAY, JULY 15, 2024.

When making your reservations, be sure to identify yourself as part of The American Legion Department of Virginia Group. The hotel rate is \$125.00 per night, single/double, per room, plus tax. (We can not provide you the tax rates at this time due to pending legislation).

All lodging reservations and special lodging requests must be arranged with the hotel by each attendee.

SPECIAL EVENTS

Friday Night, August 02- Joint Opening Session- 7:00-7:30 PM

Guest Speaker- National Security- 7:30-8:30 PM

Saturday Morning, August 03- Guest Speakers FEMA- 11:00-12:00 PM

Sunday Morning, August 04- Religious Service and Formal Graduation -
830 AM -1000 AM



Benefiting **Stafford County Crime Solvers**

Stafford Shredding

Drive-thru
style!!!

Join the Stafford County Crime Solvers
for a safe and secure way to dispose of documents!



APRIL 6, 2024
9am – 11am (or until full)
Stafford County Sheriff's Office
(1225 Courthouse Rd. Stafford, 22554)

**LIMIT 100lbs PER
VEHICLE**



Contact **CRIME PREVENTION UNIT** with questions **540-658-4030**

MARCH 2024 HIGHLIGHTS AT POST 290

March - Women's History Month

Mar 01 - 03 Department Spring Conference, Portsmouth, VA & Department Oratorical Contest
 Mar 10 - Start Daylight Saving Time
 Mar 10 - Apr 8 - Ramadan followed by Eid
 Mar 16 - Legion Birthday Dinner, Start Time TBD
 Mar 17 - St. Patrick's Day
 Mar 19 - First Day of Spring
 Mar 21 - Drug Abuse Resistance Education (DARE) Day, 0945 - 1300
 Mar 24 - Girls State Interviews 1300
 Mar 25 - Boys State Interviews, 1800-2300
 Mar 31 - Easter Sunday, Children's Easter Egg Hunt, 1400, Sports Complex, Help Wanted
 Mar 31 - Cesar Chavez Day

CONSTANT BEARING, DECREASING RANGE

(ITEMS ADDED AS THEY COME TO MY ATTENTION)

April

April 06 - Shredder Event, Stafford County Sheriff's Office, 0900-1100 or until full
 April 22 - April 30 - Passover

May

May 04 - Auxiliary Poppy Patch Craft and Gift Show, Post Home, 0900-1500
 May 18 - 16th District Convention, Post 28, 1000hrs
 May 27 - Memorial Day
 May 29 - Blood Drive at the Annex

June

June 15 - Legion Riders Virginia Legacy Run Gun Raffle Drawing, Dept. HQ Richmond, 1000hrs
 June 16 - 22 - Department of Virginia American Legion Youth Cadet Law Enforcement Program
 June 16 - 22 - Boys State/ Girls State at Radford University

July

July 01 - Annual Legion Dues increase becomes effective (\$5.00)
 July 04 - Post 290 4th of July Celebration and Flag Retirement
 July 10 - 15 Department Convention, Dulles Washington Convention Center
 July 15 - Leadership College 2024 Hotel Reservation Deadline
 July 15 - Leadership College 2024 Registration Deadline

August

Aug 02 - 04 - American Legion Leadership College, Double Tree, Midlothian
 Aug 23 - 29 - American Legion National Convention, New Orleans, Hampton Suites

October

Oct 09 - Blood Drive at the Annex



**YOUR ELECTED POST
290 OFFICERS**

Commander Rick Schultz
 1st Vice Lewis Bunch
 2nd Vice John Patrick
 3rd Vice Ken Westenberger
 Adjutant Mike Scullin
 Finance Robert Ponzo
 Service Ofc. Jim Richey
 Chaplain Darren King
 Sgt at Arms Lester Wood
 JAG Garry Briggs
 PAO VACANT
 Historian Brandy Fitzgerald

CORPORATION OFFICERS

Michael Flanagan, Chair
 John Cox, Secretary
 Brian "B.J." Payne, Director
 Steve Albertson, Director
 Lester Wood, Director






**YOUR AUX UNIT 290
ELECTED OFFICERS**

President Ginger Brigs
 Vice Pres Sherilyn Pierce
 Secretary Marilyn Butters
 Treasurer Frances Shelton
 Chaplain Dale Seward
 Historian Mary Schelin
 Sgt at Arms Teresa Hardisty

**STAFFORD AMERICAN
LEGION POST 290**

**We are on the Web
www.staffordPost290.org**

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WOMENS' HISTORY MONTH			BINGO		1 BINGO Dept. Spring Conference	2 Dept. Spring Conference
3 Dept. Spring Conference	4	5	6 BINGO	7	8 BINGO	9
10 Begin Daylight Saving Time Set  Clocks Ahead 1 Hour	11 ALR Monthly Meeting	12 General Members Mtg. - 1930	13	14	15 BINGO	16 Honor Guard Steak Night 1630-1900 Karaoke Legion Birthday Dinner
17 St. Patrick's Day 	18	19 FIRST DAY OF SPRING! YAY! 	20 BINGO	21 DARE Day 0945-1300	22 BINGO	23
24 Girls State Interviews 1300 /31 Easter Sunday Easter Egg Hunt, 1400 Sports Complex	25 Executive Committee Mtg. 1930 Boys State Interviews, 1800-2300	26	27	28	29	30