



American Legion Post 290

Newsletter edited by Siegfried Gates



The Friendliest Place in Virginia!

Stafford, Virginia

November 2023

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Commander's Call to the Post 290 American Legion Family:

.Dear Comrades,

Just a quick note this month. We had a great night out event, with lots of volunteers. We also had lots of people stopping by to see what we were all about and we signed up approximately 12 new members and transfers. The Stafford Sheriff's department provided a nice presence and stopped by several times to talk.

The Honor Guard was invited to post colors at the American Spectator's 55th Gala. Thanks to all the Honor Guard that could be there. We missed those that were sick and not able to attend.

On a sad note, the Post Past Historian and District Historian passed this week, Ed Thompson. Not only was Ed a great Legion member and 9/11 survivor, but also a great friend to all. He will be missed!

November will be a busy month so please check your calendar and come out to support the post for these events. It's also appreciated to get other volunteers to come out and help.

Thanks,

Rick Schultz
Commander, Post 290

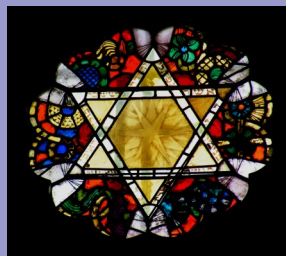
SAVE THE DATE - 18 Nov Early Bird And Thanksgiving Dinner

This Post leadership has decided to open this dinner *to ALL Post 290 members* and rebrand it the Post Early Bird/Thanksgiving Dinner.

RSVP REQUESTED Please call the Post at 540-659-4461 if you intend to attend so a head-count for how much food to prepare can be made.

Any Post 290 Member with a 2024 membership card with an early bird stamp is entitled to receive his/her first drink free in the clubroom during the social hour (1600 - 1700).

The Veterans Crisis Line HOT LINE is live! Dial 988 then Press 1.



Post Everlasting

Darren King

Comrades: It is always with great sorrow when I must announce the transfer of any Legionnaire to Post Everlasting:

Edward "ED" Thompson. Longtime Post member and Past Historian on Oct 11, 2023.

If you know of any member of Post 290, Unit 290 or Squadron 290 who transferred to the Post Everlasting, please contact me at bsuking@yahoo.com, (816) 550-5228 or 111 Van Horn Lane, Stafford, VA 22556 .

Chaplain's Corner

By Chaplain Darren King

The Goodness and Greatness of Giving Thanks

Every year in November our country takes a holiday to give thanks to God (at least originally) for His blessings and bounty. However, giving thanks should never be one day of the year, but every day of the year. Gratitude should be a way of life, not a moment in time at one point during the year.

Of course, giving thanks to God and/or others it is easy to do when giving thanks for a great family, good health, loving community, and the American Legion. It is easy to recognize good things as gifts that one should be thankful for. It is much harder when circumstances and life are difficult and full of toil and trouble.

In the midst of toil and trouble is when we most need to learn to give thanks. It is then when we can experience the goodness of gratitude: encouragement in the storms of life. It is also then when we see the greatness of gratitude: gratitude points us to the Father of Lights from whom every good and perfect gift comes.

True gratitude has as its object God. God is the source and object of our gratitude. Thanksgiving begins with God, and it ends with God: "For from him and through him and to him are all things. To him be the glory forever" (Romans 11:36 ESV). Therefore, let us give thanks in all circumstances (good and bad), for this is the will of God in Christ Jesus.

BINNACLE LIST

Mike Robinson continues to recover from COVID.

Robert Ponzo had knee surgery and continues to recover.

John Cox has been in a lot of pain from his surgery.

Les Wood has been undergoing radiation on ear and dealing with sickness from it.

Please in prayer for them and others that you may know who are sick or having surgery or recovering.

If you know of any other member of Post 290, Unit 290, Chapter 290 or Squadron 290 who is ill, and/or hospitalized, or if you have updates on any of the above issues, please contact me, Darren King at darren@northstaffordbaptistchurch.com or call me at (816) 550-5228 (cell), or mail me at Darren King, 111 Van Horn Lane, Stafford, VA 22556.



American Legion Auxiliary Unit 290 News

By Marilyn Butters

Our Unit welcomes new members Ivory Bloom, Aubrey Johnson, Sherry Kittrell, Marlene Patterson, and Lea Leilani Wyman. We hope to greet you soon at a function or at our monthly meetings, held at 7:30 p.m. on the 2nd Tuesday of each month.

Our Unit recently supported Operation Warm, sponsored by the Mt. View Fire and Rescue, a project to provide new coats for the needy in our area. We also donated to the Department Auxiliary Emergency Fund.

Make plans now to attend the FREE to members Early Bird Thanksgiving menu dinner on Saturday, November 18th. Happy Hour at 4 and dinner served at 5. Thank you to the Legion for hosting this event.

We enjoyed hearing from a few of the young ladies we sent as delegates to 2023 Virginia Girls State during the joint October meeting with the Post. Each speech emphasized the many benefits of attendance. If you know a junior, please tell them to be on the look out for applications for selection for the 2024 session being held at Longwood University June 16th to the 22nd.

Kitchen news: Our Unit now works the Bingo kitchen on the 1st and 2nd Wednesday of the month. We would love to have more members join us. 4 hours a month, please consider it! We have a good time and you get to know other members through working side by side to prepare food to keep the Bingo players fed. Join us!

Membership news: We are half way to our membership numbers at the close of 2023. Please renew your membership now. Bring your check by the Bingo on Wednesdays or Fridays or bring to the early bird dinner on Saturday, November 18th.

Special thanks to member Kathy Payne who is coordinating the annual Children's Christmas Party being held on Sunday December 3rd at 2 p.m. Kevin the Magician will be back to entertain attendees...shhh... Kevin needs quiet to perform. See sign up information elsewhere in this newsletter and be sure to sign up – last year we had to turn families away and we don't want to do that to your family so sign up ahead of time!

Our Unit will be decorating the Post Hall on November 18th at 9 a.m. and will continue on the 19th if necessary. Please join us as many hands make light work!

Save the Date!

Annual ALA Unit 290 Children's Christmas Party will be held on Sunday, December 3.

Children 10 years old and under are welcome.

This is a FREE community event. Seating is limited. Registration and **tickets are required for ALL attendees.**

Online registration opens on November 1. Please use the provided QR code or visit:

<https://www.eventbrite.com/e/stafford-post-290-childrens-christmas-party-tickets-576352093627>

We need volunteers to make this a success. Questions, concerns, or to volunteer Kathy Payne at slimzeke@aol.com



Holiday Food Basket Program Schedule

By BJ Payne

VOLUNTEERS & FOOD DONATIONS NEEDED!
Spread the word!

Please help Post 290 collect food for the Holiday Food Basket Program. Drop off food donations at the Post on Wednesdays and Fridays during Bingo (large canister in lobby).

Volunteer schedule is as follows:

Wednesday, Nov 1 @ 8:00am
Meet at Annex to deliver collection boxes to schools

THE MORE VOLUNTEERS, THE FASTER WE WILL FINISH!

FYI Stafford County Public Schools Hours of Operation
(Boxes MUST be delivered during school hours of operation)

High School & Rockhill Elementary: 7:30am - 2:00pm
Elementary School: 8:25am - 2:55pm
Middle School: 9:20am - 3:50pm

Dec 11-14 @ 8:00am
Meet at Annex to pick up boxes from schools
Trailers/vans/pickups are helpful but not necessary

Friday, Dec 15 @ 8:00am
Sorting @ Annex

Saturday, Dec 16 @ 8:00am
Packing @ Annex

Sunday, Dec 17 @ 8:00
Food Basket Distribution @ Annex

Questions? Contact: post290foodbasket@gmail.com

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GFWC Virginia and the American Legion

make a difference by providing a *new* sweat suit
for hospitalized Veterans!

Guidelines for donating sweat suits:

- New sweat suits only; basic elastic/drawstring pants and either a plain crewneck or "hoodie" sweatshirt (zippered or pull-over)
- Male sizes Large thru 4XL, and Female sizes Large thru 3XL
- Do not wrap the sweats in gift wrap, just tie each set with a ribbon and attach a tag annotating MorF and size.

FOR MONETARY DONATIONS:

Please make checks out to AL Post 1799 and in the memo, section write Sweats 4 Virginia Vets. Mail checks to:

American Legion Post 1799
P.O. Box 1799
Haymarket, VA 20168-1799



GFWC Virginia and the American Legion

make a difference by providing a *new* sweat suit
for hospitalized Veterans!

Quilt Drawing

**Tickets \$5
each**

Drawing on Nov
11th, 2023

Quilt Information:
74" x 85"
Handmade
Cotton fabrics



Contact Celeste Corrigan to get your tickets:
vaoriongroup@aol.com

All proceeds go towards purchasing a new sweat suit
for Veterans at the 3 Virginia VA hospitals.



AND



PROUDLY BRINGS YOU WREATHS ACROSS AMERICA 2023

QUANTICO NATIONAL CEMETERY

COMMUNITY SPONSORSHIP OPPORTUNITIES



Evergreen - Always in our Hearts: \$25,000+



Pine - We will Never Forget: \$15,000



Mistletoe - In Remembrance: \$5000



Holly - Honoring the Fallen: \$Any Amount

Please email NOVAVets.WAA@NOVAVETS.ORG and ask for your Wreaths Across America Sponsorship Form. Mail check to: Northern Virginia Veterans Association, P.O. Box 10253, Manassas VA 20108. Memo line: WAA2023, or ACH Transfer.

THANK YOU FOR SUPPORTING THIS TIME-HONORED TRADITION

LAYING OF WREATHS - IN HONOR OF OUR FALLEN

QUANTICO NATIONAL CEMETERY

American Legion Post 290 Oratorical Contest

By Erin Fox

Post 290 Oratorical Contest 2023- 2024

Post Date: December 9th @ 9:30 am arrival,
10:00 competition begins

The post contest is open to all high school students under age 20.

Cash prize at the post level

1st \$500.00, 2nd \$300.00 3rd \$150.00

If you want to compete please register

with erinfoxal@gmail.com before Dec. 3 2023

We will be accepting contestants at the door

American Legion National scholarship contest winner

1st \$25,000 scholarship, 2nd \$22,500, 3rd \$20,000

For More information and Video's visit the American Legion National Website at <https://www.legion.org/oratorical>

Competition begins at the post level and advances to the District level then regional level, then the state competition. Legion department representatives certify one winner per state. Each department (state) winner who is certified into and participates in the national contest's first round receives a \$2,000 scholarship. Where department winners compete against each other in two speaking rounds. The contest caps off with a final round that decides the three top finishers. The American Legion's National Organization awards scholarships can be used at any College or University in the United States.

The American Legion Oratorical Contest exists to develop deeper knowledge and appreciation for the U.S. Constitution among high school students. Since 1938, the program has presented participants with an academic speaking challenge that teaches important leadership qualities, the history of our nation's laws, the ability to think and speak clearly, and an understanding of the duties, responsibilities, rights and privileges of American citizenship. The program has featured numerous politicians and prominent contestants over the years, including former presidential candidate Alan Keyes, national television commentator and talk radio host Lou Dobbs, and Vice-President of the United States Mike Pence.

Speeches

There are two distinct speeches in this contest: the Prepared Oration and the Assigned Topics.

The Prepared Oration

This is a prepared speech that must be no less than 8 minutes and no more than 10 Minutes long.

The oration must be on some aspect of the Constitution, with emphasis on a citizen's duties and obligations to our government.

The same subject and oration used in the department contest must be used in the national contest.

Contestants may have a copy of their prepared oration while waiting in the first holding room. They may consult the copy until they exit to begin the contest.

The copy will then be surrendered to the contest official monitoring the first holding room.

Quotations must always be indicated as such. Where quotations are more than 10 words in length, the author's name must be given in the manuscript and cited orally.

It is acceptable to utilize or incorporate short phrases in a foreign language to develop the argument, establish a point, etc. It should be understood that the vast majority of the prepared oration and/or assigned topic must still be delivered in English.

Singing is not permitted and will result in immediate disqualification. The contestant may, however, quote a verse(s) of a song (s) provided proper attribution is made.

Continued on next page

American Legion Post 290 Oratorical Contest

By Erin Fox (continued)

Assigned Topics

The assigned topic discourse must not consume less than 3 minutes or more than 5 minutes for delivery. The purpose of the assigned topic discourse is to test the speaker's knowledge of the subject, the extent of his or her research, and the ability to discuss the topic as related to the basic principles of government under the Constitution.

The assigned topic is drawn by the contest official in full view of the audience immediately before the last speaker begins delivery of his or her prepared oration and will be made known to the audience and each contestant approximately five (5) minutes prior to the time of delivery. The topic will be on some phase of the U.S. Constitution, selected from Articles and Sections as listed under assigned topics for the current year's contest on the national web site. www.legion.org

All contestants at each contest level are required to speak in the English language on the same assigned topic.

The Assigned Topics for 2024 Oratorical Contest

Amendment V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a grand jury, except in cases arising in the land or naval forces, or in the militia, when in actual service in time of war or public danger; nor shall any person be subject for the same offense to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, not be deprived of life, liberty, or property, without due process of law; nor shall *private* property be taken for public use, without just compensation.

Amendment XXV, Section 3

Whenever the President transmits to the President pro tempore of the Senate and the Speaker of the House of Representatives his written declaration that he is unable to discharge the powers and duties of his office, and until he transmits to them a written declaration to the contrary, such powers and duties shall be discharged by the Vice President as Acting President.

Amendment XXIII

The District constituting the seat of Government of the United States shall appoint in such manner as the Congress may direct: A number of electors of President and Vice President equal to the whole number of Senators and Representatives in Congress to which the District would be entitled if it were a State, but in no event more than the least populous State; they shall be in addition to those appointed by the State, but they shall be considered, for the purposes of the election of President and Vice President, to be electors appointed by a State; and they shall meet in the District and perform such duties as provided by the twelfth article of amendment.

Amendment II

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

American Legion Riders Chapter 290 News

By Marty Partridge

Happy Fall All,

The riding season for many of us may be wrapping up soon, but that doesn't mean the 290 Riders are slowing down. We had 23 Riders attend the 13th Annual Virginia Rider's Rally at the Battlefields Post 144 in Sandston, VA September 29th to October 1st. As the Department Rider's Safety Officer, I was responsible for organizing and running the 2023 High Mileage & Safety Award, and we had the opportunity to recognize all fourteen Riders from across the state, including five from Post 290 at the Rally. The High Mileage and Safety Award winner was Mark Grapin from ALR-72 with 15,340 miles. However, our own 290 Rider, Tammy Mintler, came in second with 10,736 miles. Congratulations to Mark, Tammy and all the Riders that participated. Most importantly, they were all SAFE! All in all, the Rally was a great time, with 290 Riders putting on 255 miles round-trip. And to top it off, ALR-290 also brought home the trophy for the most represented Chapter. You can see the trophy proudly on display in the Post Club Room.

On October 7th, Greg Nilges represented ALR-290 and attended the Rider Chapter Installation Ceremony at Post 18 in Marion, Virginia, presenting our donation of \$100 to help get their new chapter up and running. Greg made a multi-day ride out of the event and logged 760 miles. Thanks Greg for doing us all proud!

Our Chapter membership is very strong, and we have great participation at our meetings and events. At our October meeting, we welcomed our newest three members, Clif McDaniel and Lee and Sabrina Oakes. Congratulations to all of you, and Welcome!

Stay tuned, the Riders have a lot more going on before we close out 2023.

Keep the rubber-side down!

Marty Partridge

ALR-290 Director



Members and friends of ALR-290 pose for a picture with the ALR-144 Director, Sam Strater, with our trophy for most represented chapter at the 13th Annual Virginia Rider's Rally, September 30th 2023 at the Battlefields Post 144, Sandston, Virginia



Greg Nilges presents the ALR-290 \$100 donation to the ALR-18 Director, Mark Bays, at the New Chapter's Installation Ceremony on October 7th 2023 in Marion, Virginia.

The Virginia Commonwealth Games at Liberty University

By Mike Flanagan

This was the 33rd year of the annual event that is held in July (for most sports) and open all ages and skill levels. From shooting to wrestling, this event offers sports competition venues for 45+ different Olympic and Pan American sports.

With its tagline of "Inspiring wellness & competition," the Games represent the true spirit of amateur athletics. For some, this celebration of sport is a stepping stone for following the dream of representing the United States in the Olympic Games. For others, the Games are a place to compete in a favorite pastime. Regardless of the age or skill of the athlete, the Virginia Commonwealth Games provide the pure pleasure of competing for the love of sport.

The Games are more than sports events; they go much deeper. The Games teach values such as teamwork and good sportsmanship, which are important components of everyday life. The Games encourage athletes to develop and improve their physical talent and competitive abilities. Lastly, the ideals of the Games promote physical fitness and encourage Virginians to adopt a healthy lifestyle, which includes exercise.

More than 4,400 athletes competed in 29 sports in the first Games. More recently, in 2018, the Games hosted nearly 10,000 athletes competing in 54 individual and team sports, used over 80 sporting venues and worked with more than 1,200 volunteers. This multi-sport festival is supported by a grassroots volunteer network, businesses and governments of Central Virginia. This year the Games have an estimate \$3+ million economic impact. More than 250,000 athletes, their families plus spectators have participated during the past 32 years. The success of the Games is immeasurable, in today's semantics - priceless.

Our Post 290 Jr. Shooting Sports Team showed up and took some precious medal home with us.

From left to right:

Elizabeth Gunn: 1st Place Team, as well as 1st Place Overall, 1st Place Standing, 1st Place Prone. And 3rd Place Kneeling

Jessica Gioia: 1st Place Team, 2nd Place overall and 1st Place Standing, 2nd place prone

Logan Hawkins: 1st Place Team, 3rd Place Overall and 1st Place Kneeling,

Joseph Born: 1st Place Team and 3rd place overall,

Faith Clevenger: 1st Place Team



Quote from U.S. Senator Mark Warner:

"For more than 21 years now, the Commonwealth Games have provided excellent opportunities for untold thousands of Virginians to meet, train, compete and win. Those who participate in the Commonwealth Games uniformly say they gain much from the experience. And while the athletic competitions provide fun, excitement and a significant economic benefit across Western Virginia, the real value can be measured in the year-long commitment of the athletes and the great example they set about the value of health and wellness."

Post 290 Blood Drive Updates

By Mike Flanagan

Our post took on a American Legion Blood Drive from an organization in Charlottesville that lost its venue. We did this with a 3 week turn around and even know it was a short notice, we were able to collect 14 products that the American Red Cross would not have had. Thank you to the members that came out to make this possible. The 14 products consisted of 12 pints of blood and 2 Power reds. Power Red is similar to a whole blood donation, except a special machine is used to allow you to safely donate two units of red blood cells during one donation while returning your plasma and platelets to you.

Mark on your calendars that we have our next American Red Cross Blood Drive scheduled for **January 8th 2024, from 1000 – 1600 in the Annex**. You can schedule your appointment at <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=22554>

SAL INFO

by Fargo Wells

Greetings SAL members and your families! I hope everyone is well and safe.

Members can login into their myLegion.org account and renew directly or via the quick renew website: legion.org/SAL-Renew.

The procedure for modifying the current dues in the system is the submission of a Squadron Data Report (SDR) that is available at the Sons of The American Legion website under Publications and Forms. The SDR should be sent to the detachment and the email address Post and Squadron Reports (postsqdnupdates@legion.org) for processing.

If you have any questions please contact Kevin Mook the National SAL Liaison at kmook@legion.org

The SAL has not had a dues increase in many years.

However, we have to send a portion of the dues to the Department and a portion to Nationals.

The Nationals Dues have increased, therefore we will need to increase the amount that we collect from our members to \$20.00.

If I can help you out with anything. Text, e-mail or call

Fargo Wells, Commander Sons of the American Legion Squadron 290 Stafford

(703) 362-8277 call, text or write rfargowells@hotmail.com.

Thank you,
Fargo Wells

FIREWOOD AVAILABLE FOR FAMILIES IN NEED

The Stafford Post 290 BSA Venture Crew Scouts are conducting a community service project to deliver firewood to families, in need, in Stafford County. The Venture Crew will also cut up and remove wood from properties that may have fallen after a storm or wood that individuals are willing to donate.

The Venture Crew is accepting monetary donations to help in this project or to support the Venture Crew.

If wanting to volunteer to help cut and split wood, or help stack or deliver firewood for this project, please call Mike Robinson, (540) 760-3255.

Wreaths Across America

This year the Wreaths Across America 2023 program will take place over two days. The event is Saturday, 12/16/2023 & Sunday, 12/17/2023. We will have large groups (such as those coming with buses) scheduled for Saturday, 12/16/23.

The start time is for community groups is TBA, but most likely will begin around noon after the grave specific wreaths have been placed. The Sunday date is for general wreath laying. Both events will be scheduled through Eventbrite. If your community group or office is interested in assisting with wreath laying, please reach out to: NOVAVETS.WAA@novavets.org. We also have corporate/group sponsorship opportunities available as well.

This year QNC will be in dire need of wreaths – so selling wreaths is important. This is because the Sgt Mac Foundation that used to provide up to 10,000 wreaths for QNC has disbanded and is no longer able to provide and place those wreaths. Wreaths can be sponsored here: <https://www.wreathscrossamerica.org/pages/165232/Overview/?relatedId=17252>

In addition to wreath laying, we also need volunteers to help run the event on both days. So, there is both the opportunity to lay wreaths & volunteer with event logistics. In particular, traffic control/directions, checking in participants, etc. We will have shifts both days from early morning until about 4 PM. Volunteers sign up: <https://www.signupgenius.com/go/10C0E45ADA729A3FFCE9-44938364-operations>

NOVEMBER 2023 HIGHLIGHTS AT THE POST

November

- Nov 1-3 - Food Basket Program - Meet at Annex, 0800 Deliver boxes to schools
 Nov 04 - Stafford Shred Day, Stafford County Sheriff's Office, 0900-1100 or until full, \$5 per box, 100lbs max per vehicle
 Nov 04 - Special Bingo operated by American Legion Riders Post 290 Chapter, 0900 Doors open
 Nov 05 - Daylight Saving Time Ends - Set clocks back one hour.
 Nov 07 - General Election (as applicable to jurisdiction)
 Nov 10 - USMC Birthday, 1775
 Nov 11 - Veterans Day 0900 Courthouse wreath laying, (Time TBD) Quantico Cemetery Observance
 Nov 18 - Early Bird Dinner
 Social hour 1600-1700 hrs
 Dinner 1700-1900 hrs
 During the dinner, Post 290 will be presenting its Good Neighbor Award to Stafford County
 Public Schools & Mission BBQ
 Nov 23 - Thanksgiving
-

CONSTANT BEARING, DECREASING RANGE

December (National Bingo Month)

- Dec 03 - Children's Christmas Party
 Dec 07 - Pearl Harbor Day
 Dec 07 - 15 - Hanukkah
 Dec 09 - Post 290 Oratorical Contest
 Dec 09 - Army vs Navy Football Game (The only collegiate game that matters!) 1500hrs start
 Dec 11 - 14 Food Basket Program - Meet at Annex, 0800 Collect boxes from the schools
 Dec 15 - Food Basket Program - Meet at Annex, 0800 Begin sorting
 Dec 15 - Bill of Rights Day - 1791 First ten Amendments to the Constitution Ratified
 Dec 16 - Wreaths Across America - Arlington National Cemetery - Wreath Laying to Start 0800
 Dec 16 - Food Basket Program - Meet at the Annex 0800, Packing boxes
 Dec 17 - Food Basket Program - Meet at the Annex, 0800, Distribution of Food Baskets
 Dec 21 - Winter Solstice - First Day of Winter - Shortest Day
 Dec 25 - Christmas Day
 Dec 31 - New Year's Eve Party (Tentative)

2024

January

- Jan 01 - NEW YEAR'S DAY HAPPY 2024!**
 Jan 08 - Blood Drive at the Annex 1000-1600
 Jan 14 - District Oratorical Contest
 Jan 15 - Martin Luther King Jr. Day
 Jan 16 - Virginia Religious Freedom Day, per Virginia General Assembly vote in 1786
 Jan 27 - Holocaust Memorial Day

February

- Feb 17 - 16th District Spring Conference, Middleburg, VA

March

- Mar 01 - 03 Department Spring Conference, Portsmouth, VA



**YOUR ELECTED POST
290 OFFICERS**

Commander Rick Schultz
 1st Vice Lewis Bunch
 2nd Vice John Patrick
 3rd Vice Ken Westenberger
 Adjutant Mike Scullin
 Finance Robert Ponzo
 Service Ofc. Jim Richey
 Chaplain Darren King
 Sgt at Arms Lester Wood
 JAG Garry Briggs
 PAO VACANT
 Historian Brandy Fitzgerald

CORPORATION OFFICERS

Michael Flanagan, Chair
 John Cox, Secretary
 Brian "B.J." Payne, Director
 Steve Albertson, Director
 Lester Wood, Director



**YOUR AUX UNIT 290
ELECTED OFFICERS**

President Ginger Brigs
 Vice Pres Sherilyn Pierce
 Secretary Marilyn Butters
 Treasurer Frances Shelton
 Chaplain Dale Seward
 Historian Mary Schelin
 Sgt at Arms Teresa Hardisty


**STAFFORD AMERICAN
LEGION POST 290**

**We are on the Web
www.staffordPost290.org**



November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 End Daylight Saving Time Set Clocks BACK 1 hour	6	7 General Election Day	8 BINGO	9	10 USMC Birthday 1775 Veterans Day (Observed) BINGO	11 Veteran's Day Courthouse wreath 0900, Quantico Nat'l Cemetery (Time TBD)
23	13 ALR Meeting 1800-2000	14 General Members Mtg. - 1930	15 BINGO	16	17 BINGO	18 Early Bird/ Thanksgiving Dinner 1630-1900 Karaoke, 1900-2200
19	20	21	22 BINGO	23 Thanksgiving Day 	24 BINGO	25
26	27 Executive Committee Mtg. 1930	28	29 BINGO	30	1 December BINGO	2 December